

Imaginal Visioning for Prophetic Foresight

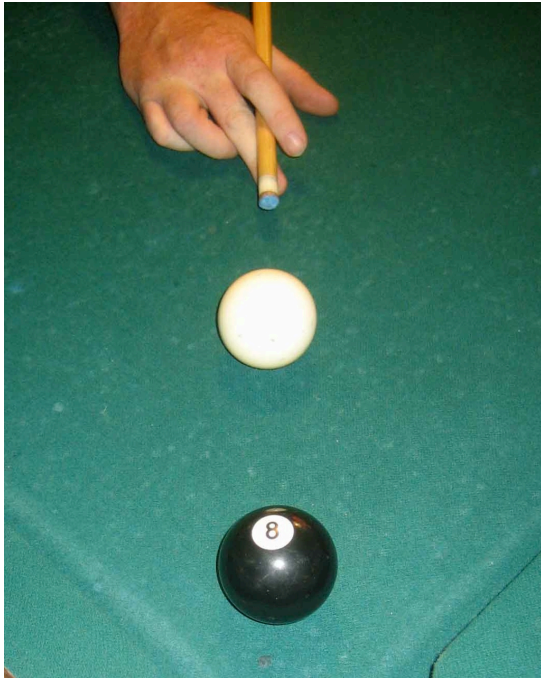
World Future Society/Central Texas
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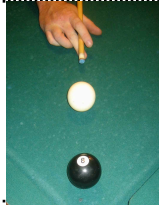
Integrative (“Integral”)

Activism

Billiard Ball ~ Cornucopia Causality



Integrative Foresight



Active Volition / Willful / Yang

Expressive

Mental/Rational Thinking

Imaginative Visualizing

Conventional Foresight



Passive Volition / Willing / Yin

Receptive

Supra mental/Intuitive Feeling

Imaginal Visioning

Prophetic Foresight

An Exercise

To imagine biting into a lemon is expressive—
Imaginative Visualization

To experience a sense of tartness and salivation is receptive—
Imaginal Visioning

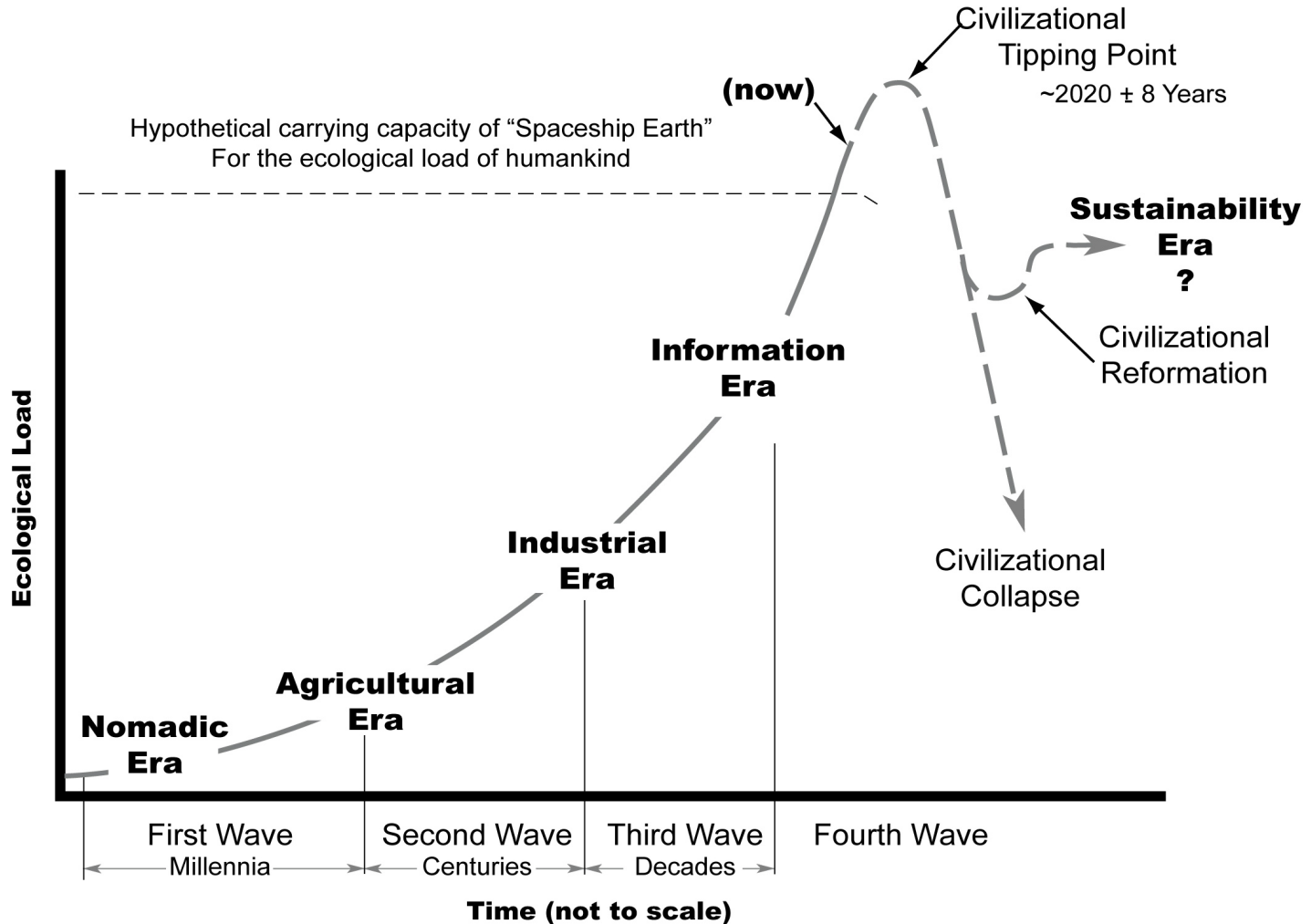


Prophetic Foresight

“Proactive knowledge based on supra-mental ways of knowing in the visioning of wise futures and ways to manifest them.”



Prophetic Foresight Developed Via Imaginal Visioning



Source: journal articles listed at the end of the presentation

Three Imaginal Visioning Processes

- *Mental Time Travel*

www.inwardboundvisioning.com/Docs/MentalTimeTravel.htm

- *Experiencing the Needs of Future Generations*

www.inwardboundvisioning.com/Docs/FutureNeeds.htm

- *Transformative ReVisioning*

www.inwardboundvisioning.com/Docs/TransformativeReVisioningCS.htm





Filtering Out Hopes, Fears & Expectations in Imaginal Visioning

- Hope and optimism are essential for vibrant resilience when dealing with unpredictable change
- Personally held hopes, fears and expectations are important to set aside when doing imaginal filtering in order to prevent them from biasing the outcome
- How to do this.

Background Journal Articles

- **A New Methodology for Anticipating STEEP Surprises**, *Technology Forecasting & Social Change*, Vol. 78, 1079–97, 2011
- **Research and Action Toward the Upside of Down**, *Journal of Futures Research*, Vol. 15, No. 3, 2011
- **Manifesting Upside Recovery Instead of Downside Fear: Five Ways MegaCrisis Anticipation Can Proactively Improve Futures Research and Social Policy**, *Journal of Futures Research*, Vol. 16, No. 2, 2011

The above articles linked at

<http://www.imaginalvisioning.com/anticipating-disruptive-surprises-with-futures-research/>

- **Imaginal Visioning for Prophetic Foresight**, *Journal of Futures Studies*, in press. Preprint linked at www.imaginalvisioning.com.

The Next Project

Teaching and consulting—
based on the above research
and on recent findings of
the “Positive Psychology” movement—
for resilient thriving in challenging times